#### TurningPoint of Lehigh Valley

# **Advocacy In Action**

January 2023 Newsletter - News and Updates from Turning Point of Lehigh Valley

#### **Ambitious Plans for the New Year**

For more than 40 years, the employees, volunteers, and supporters of Turning Point of Lehigh Valley have dedicated significant time, energy, and compassion to help survivors of abuse here in our community. Those of us doing this work today are appreciative of the efforts of those who came before us, and we take seriously our role as torchbearers to ensure Turning Point is here for those who may need us in decades to come.

To that end, I am proud to introduce Turning Point's Strategic Plan: 2023–2026. You will find an ambitious set of goals that help improve the services we offer today and help us meet the growing demand by embracing the theory of change. Those involved in developing the strategies rose to the challenge to ensure that all of our efforts will equally address four underlying principles: they center survivors, they consider the impact on our employees' wellness, they advance justice, diversity, equity, & inclusion, and they are trauma-sensitive.

In addition to the strategic initiatives outlined in the plan, we are also introducing the agency's new Mission Statement and Core Values, which serve as a compass to define who we are and how we want to get there as we move forward. This plan also includes our new Vision Statement - A community in which all relationships are safe, respectful, and equitable, where all people can live and thrive. We recognize that we may still have a long way to go to achieve our mission, but each day we can individually and collectively move the ball forward and get us a bit closer to this Vision.

There are dozens of people who generously offered their time and expertise in order to create this plan. I am grateful to the many survivors and community partners who provided candid and comprehensive input through participation in surveys and focus groups. I am thankful to the staff and Board members who go above and beyond to make sure we are continuously improving. I am indebted to the Pennsylvania Coalition Against Domestic Violence and to the many, many generous supporters who contribute to Turning Point. Together, we combine forces and resources to do what once seemed impossible. Lastly, thank you to Anne Turner for her guidance and her patience; she reminded us to, "Trust the process," and we are very pleased with what her process helped us produce.

And thanks to you for your interest in Turning Point's work to empower survivors. We look forward to including you in our efforts over the next three years to eliminate domestic and intimate partner abuse in the Lehigh Valley through survivor empowerment and community education and engagement.

In Peace,

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Executive Director





## Stalking Awareness Month

January is recognized as National Stalking Awareness Month. We know that stalking is something many survivors and victims of domestic and intimate partner abuse may go through as a result of their abuser's pattern of power and control. Stalking involves a pattern of harassment or threatening tactics used that is both unwanted and causes fear or safety concerns.

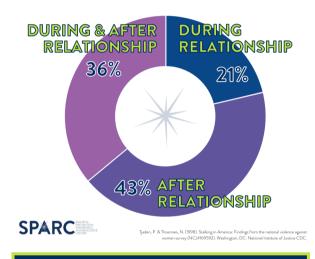
It can take place before, during, and/or after a relationship often intimidate and terrorize former and current intimate partners. The vast majority of victims know their stalkers- 42% are acquaintances and 40% are current or former intimate partners as found in the 2022 The National Intimate Partner and Sexual Violence Survey (NISVS). As a result, many stalking victims have a wide variety of fears and unrelenting suspense in which they experience anticipatory fear, which is the dread of not knowing what will happen next.

The hypervigilance that often results can be deeply traumatic and significantly impact their daily lives. In a 2019 U.S. **Department of Justice** Bureau of Justice Statistics, Special Report, Stalking Victimization, it was noted that 78% of stalking victims take some kind of protective action such as: blocking unwanted calls and/or messages, changing their personal information, changing their day to day activities, taking security measures, and applying for a protection from abuse order.

You can find more information and resources through <u>Stalking Prevention,</u> <u>Awareness, &</u> <u>Resource Center</u> (SPARC).

#### When does STALKING take place

(in an abusive intimate partner relationship) **?** 





#### **Stalking Series**

Have you heard of or seen the new 2022 Netflix Series, <u>I AM A STALKER</u>?

This popular Netflix series highlights the terror that stalking victims experience as well as the challenges of holding offenders accountable.



Trigger Warning: The cases and interviews in this series illustrate some critical points about stalking and stalking behaviors. As a result of watching this, it might be difficult for some viewers and may trigger viewers with similar experiences. We are here 24/7 if you need to speak with an advocate: 610-437-3369.

"I think he was stalking me because he saw me as a possession. I was his. He had total control over me." Angelyn (Episode 1)

"It's the fear of the unknown. We didn't know where he could pop up." - Maria (Episode 3)

"...around month two or three, things did become a little more controlling. It would be, 'call me when you get here, call me when you get here, text me when you get there,' and that was overbearing for me. Like, I don't want to check in with you every time I make a move." - Charmeka (Episode 7)







## **Together We Can Do More**

We are so thankful for the outpouring of support and generosity we received this holiday season. There was hardly a moment that passed where we didn't have a community member dropping off presents for the children and youth at our Safe House, delivering everyday essentials for survivors moving out into their apartments, or surprising us with gift cards for our Annual Spirit of Empowerment Holiday Gift Card Drive.

This year's gift card drive was a major success and helped our clients at Safe House and in the community enjoy the holidays with their families. Through the support of our community, we raised an astonishing **\$11,170** amount in gift cards that helped:

- To give the opportunity for a mother to choose the perfect gift for their child.
- Lift the financial burden during the stressful holiday times.
- Help families to purchase groceries to cook a holiday meal.
- Ensure they had enough gas to drive to run errands or go to a doctor's appointment.

#### **Giving Back to Survivors**

We want to give a huge shout out to our friends at Virginia E. Holland Chapter #86 Order of Eastern Star for taking some time out of their busy holiday schedules to come visit us at our administrative building. It was nice to take some time to update them on what we have been up to at Turning Point, how they have been, and discussing our current needs. These wonderful civic and church leaders also donated \$250 to help with our emergency services and programming for survivors and their families across the Lehigh Valley.



Turning Point's Andrea Search, Director of Advancement and Board Member Rebecca Mutchler pictured with members of Virginia E. Holland Chapter #86 Order of Eastern.

We appreciate their generous support and continuous dedication to our mission to eliminate domestic and intimate partner abuse in the Lehigh Valley through survivor empowerment and community education and engagement.

### **Spirit of Empowerment**



Members of the Lehigh Wheelmen Association pictured with Turning Point's Executive Director, Lori Sywensky. The group collected \$1,000 worth of gift cards.



Our Child and Teen Advocacy Director, Braley, and Housing Advocacy Director, Rachael, holding toys from the Toys For Tots Drive.



Thank you to the generosity of the Bethlehem Police Department for making sure the kids at our Safe House had a very merry day!



Thank you to More Miles Automotive, Lehigh Valley with Love, and the community for helping to raise over \$1,400 for Turning Point at the 2022 Christmas Tree Toss for Charity!







#### Ways to Get Involved and Give Back

#### **Mark Your Calendars**

Our Third Annual Auction goes live starting on Friday, March 3rd

Our Third Annual Virtual Spring Auction opens Friday, March 3rd and will run through Friday, March 10th. This year, we have one of a kind gateway packages and experiences for you to bid on. Are you interested in sponsoring or donating a gift card, experience, or item to the auction? You still have time! The deadline to be a part of the auction has been extended to Friday, January 20, 2023.

Visit our auction website to tell us you want to sponsor or donate or to register early: BIT.LY/TPLV2023AUCTION



THIRD ANNUAL VIRTUAL SPRING AUCTION





#### **Volunteer with Us**

Learn more about our volunteer opportunities and how you can help.

Consider becoming a Turning Point volunteer and help us provide services to survivors and their families in the Lehigh Valley. We have a need for volunteers to help with answering our 24/7 helpline, supporting our residents in the Safe House, assisting with after school activities and homework help for children. There are also opportunities for service projects for larger groups, especially businesses looking to pay it forward.

Please visit the volunteer page on our website for more information.

#### **Amazon Smile Wish List**

Shop Our Survivor Wish List Today

Click the link below to help fulfill a survivor's wish today from our updated Amazon Smile Wish List! All items are shipped directly to our administrative building.

https://bit.ly/tplvamazonsmile









## Thank You to Everyone Who Has Donated to our Holiday Appeal So Far!

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